



Identity & Culture

PROGRAMME OUTLINE

Core Aims:

The Identity & Culture workshops address the question of *Who are we? Where we have come from? and What we can be?* The training is suitable for boys and girls between the ages of 8 - 16 and provides most impact when delivered to an ethnically diverse group of learners. The aim is to empower all individuals - irrespective of religious or cultural background - and engender within them self-awareness and pride.

In recognition of the fact that single parent families form a significant proportion of households the programme addresses the role that fathers play in raising children and provides an excellent forum for children to voice their opinions.

This programme also provides an opportunity to re-engage children who may have become marginalised within the education system. Individuals have the opportunity to develop an understanding of their behaviour and thereby modify their approach to suit.

Outcomes:

We expect pupils to develop in a number of the following areas:

- Awareness of their identity (be it cultural, ethnic, religious or other)
- Raised self-esteem and aspirations
- Enhanced relations with staff/ fellow students
- Improved relations with peer group
- Decrease in behaviours that are not conducive to learning

WORKSHOPS

Session 1 - Who Are We? - Identity

We will begin the process of exploring who we are – using tools such as personal shields and skills & strengths sheets to assist the students in developing their self awareness. Looking at what aspects help to define our identities, e.g. gender, clothes, ethnicity, behaviour, where we live, and sexuality.

Session 2 - Culture

In this session we will give the students the opportunity to define what culture means to them. Discussions around what it means to be British, English, Asian, Afro-Caribbean: how language, fashion, music and traditions play a part in making these cultures unique, and how people from different cultures can appreciate one another. We will also look at the culture of Moving On what are the accepted values, beliefs and perceptions held that make up the culture of the institution (i.e. School, College, Pupil Referral Unit etc).



Session 3 - Fatherhood Pt 1– Where have all the good men gone?

Our fatherhood workshop addresses the unique challenges that young people face without fathers in the household.

- Changing Patterns -We will look at what we can do to change a pattern / lifestyle.
- Positive Steps - What they can do
- Facts and figures
- Abandonment
- What is a good age to have children?
- Role Models

Session 4 - Fatherhood part 2

- A father's job description/ person specification
- Communicating with young people
- Role Models
- The impact (good/bad) that fathers have had on their lives
- Stereotypes

Session 5 - Stereotypes, Myths & Facts

We will explore the students' perceptions, real and unreal of other people in their communities (neighbourhood, school), and in society at large.

We will be talking openly and positively about race, religion, cultural similarities and differences. Exploring how stereotypes affect our interaction and relations with others.

How does society perceive young people? What are the stereotypes about young people? How can they be challenged? How do young people behave? Looking at roles such as The Angry, The Bully, The Disrespectful, The Foul Mouthed.

Session 6 - It's up to you

This session will involve recapping the previous five weeks of workshops: What have the young people learnt? Have they put anything into practise? Can they invite change as an opportunity for growth? This will be done via a brainstorming session where the young people will have plenty of time to participate by listening and expressing themselves.

Costs

- £175 per session x 6 workshops = £1,050



Bookings

To make a booking please specify the number of students to be engaged (15 per session) and telephone our office on: 0207 993 8411, Monday to Friday between the hours of 9.00hrs to 17.00 hrs. Alternatively you can email us with your enquiry at: info@elevatingsuccess.co.uk.

Venue

Workshops can be conducted at any London school, or at a designated facility of your choice.

Trainers / Mentors

Our trainers have a diverse range of teaching experience and are enhanced-CRB checked and have received Health & Safety and Child Protection Training.

About Elevating Success

Elevating Success is a training and development company established to deliver bespoke services to children and young people, parents, schools, local authorities, youth services, job centres, housing associations and other organisations who wish to invest in people by developing and maximising their potential.

We are committed to bringing a professional, creative and mutually respectful approach to training from the first informal enquiry to the celebration of successful outcomes for each client.

Elevating Success has built successful partnerships with:

- Croydon Enterprise
- Croydon Moving On Pupil Referral Unit
- Phil Edwards School (PRU)
- Westside Independent School
- Lewisham Homes
- Lewisham Youth Services
- London East Connexions
- Croydon College
- Crimestoppers UK
- Lewisham PAYP
- London & Quadrant Housing
- 2XL Training & Recruitment
- Purley Oaks Primary School
- Westwood Language School for Girls
- Hyde Housing
- Croydon Voluntary Action
- Emmanuel Inspirational Church of God
- Rolling Sounds
- Lewisham College